BSR SWIM LESSON APPLICATION 2009

General swim lessons are for children 5 years of age and older. Lessons are for 45 minutes each day, Monday through Thursday. Each session is one week (4 lessons) long. PLEASE ONLY SIGN UP FOR LESSONS YOUR CHILD WILL ATTEND!

There are two class times: **A) 10:45A.M.-11:30 A.M. & B) 11:45A.M-12:30 P.M.**

Note: Please use the description below to determine the appropriate skill level for your child. Your child must be able to complete the skills from the earlier level to advance to the next level.

LEVEL 1 (beginning swimming)

Able to stand in shallow end of the pool unassisted (3 feet of water)

LEVEL 2 (advanced beginning)

Able to comfortably put full head under water

LEVEL 3 (Intermediate swimming)

Able to float front and back unassisted (3-4 feet deep)
Able to tread water unassisted for at least 10 seconds

SESSION DATES:
SESSION 1: JUNE 15-18
SESSION 2: JUNE 22-25
SESSION 3: JUNE 29-JULY2
SESSION 4: JULY 6-JULY 9
SESSION 5: JULY 13-JULY 16

DIRECTIONS: Please select your choice for session number and skill level along with the class time for each child below. Please mail forms to Abbie Greer, 2906 Tarragon Lane Bowie, MD 20715. After the pool opens on May 23rd you may also drop off the Swim Lesson form at the pool desk in an envelope labeled "Swim Lessons" **– no later than June 14th**. Swimmers may be signed up for more than one lesson. If you are interested in individual, semi-private, or adult swim lessons contact Abbie at abbie.thompson@gmail.com or 202-550-8571.
PLEASE USE A SEPARATE APPLICATION FORM FOR EACH CHILD.

CHILD'S NAME	AGE	SESSION (1-5)	LEVEL (1-3)	TIME (A or B)